**CAPITALS OF SCANDINAVIA & NORWEGIAN FJORDS**

**ITINERARY**

**DAY 1: WELCOME TO SWEDEN**

When you arrive at Stockholm-Arlanda Airport, make your way to Stockholm city centre. Many travellers opt to take the express train to Stockholm Central Station, but we also offer direct private transfers. After settling in at your hotel, spend the day exploring the beautiful city. Stroll the well-known street Drottninggatan where you can shop and feel the vibe of the capital city. Go for a walk in the surrounding area of Östermalm, where you will find interesting shops, cafés, and restaurants for a perfect introduction to Scandinavian culture. It could be fun to pick a café and experience Swedish “fika”, an afternoon tea or coffee.

Spend the night in Stockholm.

**HIGHLIGHTS:** Drottninggatan · Stockholm · Sweden · Östermalm

**DAY 2: THE CHARMS OF SWEDISH CULTURE**

Today you will explore the heart of scenic Stockholm. We recommend exploring the capital by foot, visiting attractions such as the Old Town (Gamla Stan), where you will find the Royal Palace, the parliament, old churches, beautiful cobble stone streets and medieval houses.

After some time at Gamla Stan, you can take a short ferry ride to the nearby island Djurgården, a cultural oasis with something for everyone. Here you will find the kitschy Abba Museum, the Nordic Museum, the Gröna Lund amusement park, and the Skansen open-air museum. It is ideal to spend the afternoon here, exploring the grounds and many attractions.

Spend the night in Stockholm.

**HIGHLIGHTS:** ABBA The Museum · Djurgården · Gamla Stan (Old town of Stockholm) · Gröna Lund amusement park · Royal Palace of Stockholm · Stockholm City Hall · Södermalm

**DAY 3: TRAVEL FROM STOCKHOLM TO LOVELY COPENHAGEN**

Today you will take a short flight to Copenhagen. After settling in at your hotel, go for a walk along the enchanting old harbour area of Nyhavn, where you will see colourful houses and lively restaurants among the docked boats. Walk the narrow side streets, visit some shops and try out the traditional Danish open-faced sandwich, Smørrebrød. In the evening, visit the amusement park Tivoli Gardens, which has something for everyone. It's a lovely place to admire the architecture and gardens and to enjoy some carnival rides.

Spend the night in Copenhagen.

*For those interested, we offer the option of travelling by train instead of flight between Stockholm and Denmark. For more details click the optional activities.*

**HIGHLIGHTS:** Copenhagen · Denmark · Nyhavn · Tivoli Gardens
DAY 4: A DAY IN CAPTIVATING COPENHAGEN

You have the whole day to explore Copenhagen. We recommend seeing the city by foot, visiting landmarks including Amalienborg Palace, Christiansborg Palace, and the famous Little Mermaid statue. An optional cruise from the harbour is also highly recommended as you can appreciate the architecture and beauty of the city by water. Next, stroll Strøget street for some shopping and grab something to eat at Torvehallerne food hall.

Spend the night in Copenhagen.

HIGHLIGHTS: Amalienborg Palace - Christiansborg Palace - Little Mermaid - Nyhavn - Strøget shopping street

DAY 5: SET SAIL FOR NORWAY

Spend the morning touring Copenhagen. Some interesting attractions include the observatory of The Round Tower, the most famous church in Copenhagen, Church of Our Saviour, as well as the impeccable King’s Garden, and the regal Rosenborg Castle. In the late afternoon, it’s time to board your cruise to Oslo, which sails gently up the Kattegat Sund on its way to Norway's capital city. You can enjoy dinner in one of the restaurants, check out the entertainment on board or just relax and watch the sunset from the deck.

Spend the night on the cruise.

HIGHLIGHTS: Church of Our Saviour - Kattegat Sund - Rosenborg Castle - The Round Tower

DAY 6: ENJOY ENCHANTING OSLO

After the ship docks, get ready to see the best of Oslo. The city is quite walkable, and we recommend exploring by foot and taking advantage of the convenience of public transport. Notable attractions include the beautiful Vigeland Sculpture Park, Viking Ship Museum, Fram Polar Ship Museum and spending some time along the beautiful harbour area. Other interesting stops include the Munch Museum, Royal Palace, Akershus Fortress, and Oslo City Hall.

Spend the night in Oslo.

HIGHLIGHTS: Aker Brygge - Akershus Fortress - Munch Museum - Norway - Oslo - Oslo Opera House

DAY 7: RAILWAY JOURNEY TO TRONDHEIM

This morning you will head out early to Oslo Central Station to board the half-day (6.5-hour) journey aboard the Dovrebanen train. The train route passes over the Dovre mountain plateau through historic towns and nature preserves and includes great variations in terrain and altitude. The journey concludes with a steep, curvy descent down to the lowlands where Trondheim is located.

Spend the afternoon discovering Trondheim, including Bakklandet, an idyllic neighbourhood full of history and culture, Nidaros Cathedral, as well as other attractions such as the Ringve museum and gardens, Munkholmen and the Old town bridge.

Spend the night in Trondheim.

HIGHLIGHTS: Bakklandet - Dovrefjell-Sunndalsfjella National Park - Nidaros Cathedral/Nidarosdomen - Trondheim

DAY 8: EXPLORING THE COASTLINE OF NORWAY
Today, you will embark on a cruise that will have you discovering the maritime beauty of Norway. You will head to the Trondheim harbour to board a Hurtigruten cruise ship for the Norwegian Coastal Voyage. It will then set sail along the Trondheim Fjord and past Hitra Island.

Later in the evening, the boat will dock at the city of Kristiansund and the town of Molde. This journey passes through some breathtaking coastal landscapes, and the final port of the day is a brief stop in Alesund, after midnight.

Spend the night on board Hurtigruten.

**HIGHLIGHTS:** Hurtigruten Coastal Voyage - Kristiansund - Molde

### DAY 9: SAIL TO HISTORIC BERGEN

During the night, the ship calls at Torvik, Maløy, and Florø as the journey weaves through islets and stunning landscapes before coming within view of its final destination—Bergen. Here you will disembark early in the afternoon to enjoy some leisure time as you wish. Despite being an international city, Bergen, “The Capital of the Fjords”, has all the charms of a small town. Here you'll find Bryggen, a UNESCO World Heritage site, along with remarkably preserved old houses, a lively fish and flower market, cable cars offering stunning views, great museums and more.

Spend the night in Bergen.

**HIGHLIGHTS:** Bergen - Bryggen - Fishmarket

### DAY 10: THE CAPITAL OF THE FJORDS

Continue to explore beautiful Bergen today. We recommend riding the Fløibanen Funicular to Mount Fløyen to enjoy panoramic views over the city or to take a cable car up Mt. Ulriken. Bergen is surrounded by 7 mountains so this is an ideal place for hiking. Bergen is also known for its museums that cover the city’s history, architecture, music and art. We recommend visiting the Edvard Grieg museum and the KODE art museum, which is Scandinavia’s largest museum for art and music. If you wish to explore the fjords further, optional fjord cruises are available.

Spend the night in Bergen.

**HIGHLIGHTS:** Fløibanen Funicular (Funicular Railway) - King Håkon’s Hall - Rosenkrantz Tower - St. Mary’s Church

### DAY 11: NORWAY IN A NUTSHELL BY LAND AND SEA

Today will be an especially scenic day with a lot of travel. From Bergen, the early Bergensbanen train transports you to Voss, where you’ll be transported by bus down: Stalheimsleiva. Northern Europe’s steepest stretch of road. After a thrilling ride around 13 hairpin bends, you will continue to Gudvangen. There, you will embark on a scenic 2-hour fjord cruise to Flåm, including a trip through Nærøyfjord, the narrowest fjord in all of Europe. This UNESCO World Heritage site is perhaps the most breathtaking part of Sognefjord, Norway’s longest and deepest fjord, with its mighty peaks, tumbling waterfalls, and small farms dotting the mountainsides. Finally, the boat sails up Aurlandsfjord to Flåm, a charming village, where you will spend the evening.

Spend the night in Flåm.

*We recommend booking luggage transfer for the travel between Bergen and Oslo.*

**HIGHLIGHTS:** Aurlandsfjord - Flåm - Gudvangen - NORWAY IN A NUTSHELL® - Nærøyfjord - Sognefjord - Stalheimsleiva
**DAY 12: EXPLORE SCENIC FLÅM**

Spend the day exploring the beauty of Flåm and its surroundings. There are many well-maintained hiking paths for those who want to explore the beauty of the region by foot. You also get free admission to the Flåm Railway Documentation Centre, where you can learn about the construction of this railway, which has earned the title of one of the world’s steepest railway lines. An optional activity to Stegastein viewpoint is recommended. The viewing platform extends about 30 metres from the cliffside and 650m above the fjords, to offer unbeatable views. For those who want to explore the fjords even further, you can enjoy an optional fjord safari or a kayaking tour.

**HIGHLIGHTS:** Aurlandsfjord - Fjords in Norway - Flåm - Flåm Railway (Flåmsbana)

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**DAY 13: THE FLÅM RAILWAY EXPERIENCE**

Spend the early part of your day exploring the village of Flåm by following one of the many hiking trails in the mountains around the village. Later in the afternoon, you’ll get to experience the famous Flåm Railway as it climbs 900 metres over a span of 20 kilometres up the winding track to the Myrdal Station. Here you will switch to the Bergensbanen train that carries you over the mountainous rooftops of Norway. This ride will take you through the charming villages of Geilo and Gol before concluding in Oslo, where you will spend your last night in this amazing country.

Spend the night in Oslo.

**HIGHLIGHTS:** Geilo - Oslo

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**DAY 14: DEPARTURE FROM OSLO**

For transportation to Oslo-Gardermoen Airport, you can take the Flytoget express train from Oslo Central Station or book a private transfer through Nordic Visitor that will deliver you to the airport directly from your hotel. If your flight is in the afternoon, take the opportunity to do some last-minute shopping, visit one of Oslo’s museums or just relax at a café reflecting on your Scandinavian holiday.

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*Whatever your needs, we are here to help. If you have any questions about our packages or services, please do not hesitate to contact us.*

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